

***Info shared by Pitbull SA.***

***Manjaro APBT kennel.***

***South Africa.***

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***Zello.com "VoIP" – ask for info.***

***Identify & remove.***

Identify stressful things or situations that seem to trigger your dog's compulsive behavior.

If you're able to identify triggers and remove them, you can and might greatly reduce your dog's stress level.

Of course, it's not always possible to avoid or get rid of the thing or situation that seems to upset your dog. For example, if your dog is anxious during thunderstorms, you certainly can't keep those from happening!

If you can't remove stressful triggers, you'll need to do some training to help your dog feel differently about whatever's causing the anxiety.

You can accomplish this goal by using a procedure called desensitization and counterconditioning (DSCC) {See related article on this website}